



York Rotary in conjunction with York Parks & Recreation Department presents . . .

The Thirty-Eighth Annual

# FOUR on the 4th



**NO DOGS PLEASE**  
for their safety and ours

**Date:** Wednesday, July 4, 2018  
**Start at:** 8:00 am, York High School, York, ME  
 4 Mile USATF – Certified Road Race  
 1 Mile (free) FUN RUN immediately following 4 mile race  
 (No registration needed for FUN RUN).  
**Entry Fee:** Mail-in Pre-registration - \$25  
 On-line Pre-registration - \$27 (plus fees)  
 Race Day Registration - \$30 (plus fees & space permitting)  
**Info:** Registration opens at 6:30 a.m. and closes at 7:45 a.m.  
 T-Shirts to anyone registered before June 4th, 2018  
 Visit our website at [www.yorkparksandrec.org](http://www.yorkparksandrec.org) for online registration  
 Limited to 1,200 runners.

**PRE-REGISTRATION DEADLINE IS JUNE 30th.**  
**ANYONE WANTING TO REGISTER AFTER THAT MUST REGISTER ON RACE DAY.**

**DIRECTIONS TO YORK HIGH SCHOOL – 1 Robert Stevens Dr., York ME 03909**

From I-95: take the York Exit, bear right at the lights onto Route 1. Travel to the top of the hill and take a left at the lights onto Route 1A. Travel one mile to the monument and bear left. Travel six-tenths of a mile and turn right onto Long Sands Road. York High School is seven-tenths of a mile on the left.

Cash prizes of \$100 awarded to the overall winners. Prizes to 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place in each division. Race includes water, splits, professional chip timing, and Police.

**Tee Shirt Size**

0 S 0 M 0 L 0 XL

MEN	12 & Under	13 - 17	18 - 29	30 - 39	40 - 49	50 - 54	55 - 59	60 - 64	65 - 69	70 & Over	Walking	Race Walk	Wheelchair
WOMEN	0	0	0	0	0	0	0	0	0	0	0	0	0

**Make checks payable to:**

**YORK ROTARY CLUB**

Mail Application to:  
 York Parks & Recreation Department  
 186 York St., York, ME 03909

For information, call the York Parks & Recreation Department at 363-1040.

**"Four on the 4th"**

Registration Form - Please Print Clearly

Name: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 Town: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
 Sex: \_\_\_\_\_ Age: \_\_\_\_\_ Telephone: \_\_\_\_\_  
 Email Address: \_\_\_\_\_

**WAIVER \*must be signed**

In signing this entry, I for myself, my heirs, executors and administrators, release the manager of the race, all sponsors and promoters, the Town of York, for any and all liability in case of death or injury received during participation in this race. In the case of a minor, this entry must be signed by a parent or guardian of entrant.

Signature \_\_\_\_\_

Parent/Guardian \_\_\_\_\_